

Our Teaching Philosophy

At SDA, we believe there is a beautiful ballerina in every little girl and a handsome cavalier in all little boys! Our training is centered around the study of classical ballet with jazz, tap, modern, lyrical, and hip hop also offered for different age groups. Whether our dancers hope to pursue a professional career someday or just want to dance for fun, we treat them all equal in the classroom. We insist upon a non-competitive atmosphere, encouraging students to help each other learn together and build friendships. We are here to spread our knowledge and love of all dance forms and provide a place for your children to feel beautiful and protected, so they can express the great joy that dancing inspires in them! We hope every little girl everywhere can take dance lessons in a big room with big mirrors and see how beautiful she is when she is dancing from her heart! We believe EVERY dancer matters the most and we believe in ballet!

Class Descriptions, Attire and Recital Information

Our youngest dancers deserve a carefully designed and well planned class which encompasses all areas of learning. We address the auditory, visual and physical learner through classroom exercises designed to improve both gross and fine motor skills. Since every child develops at their own rate, we try to maximize their naturally occurring development through structured exercises and imaginative free dancing, which enhances creativity and encourages self-expression. A variety of different hand held props, floor mats with different colors & shapes, coloring pages and reward stickers are utilized each and every class along with correct ballet, jazz, hip-hop and tap movement terminology. Classroom skills necessary for school such as listening, following directions, taking turns and sharing, are also addressed while learning about body parts and shapes, weight and energy, rhythm, balance, directions through space and different sizes of movement. If they like, dancers may 'dress up' in a dance costume for class the last week of each month!

CREATIVE DANCE 1: (ages 2.5-4) A pre-school age class based on ballet & creative movement in the center and across the floor. 15 min of tap or jazz is taught as part of 1 hr classes, 45 min class doesn't include tap or jazz. (all dancers must be potty-trained) and 15 min of dedicated tumbling is also part of all classes, either at the beginning or end.

CREATIVE DANCE 2: (ages 4.5-6) A kindergarten age class building upon the themes of Creative Dance 1 with more advanced and challenging movements. 15 min of tap or jazz is taught as part of class and 15 min of dedicated tumbling is also part of all classes, either at the beginning or the end.

What exactly is TAP or HHOP (Hippety-Hop*NEW Curriculum!)? Tap is danced in tap shoes and designed to help teach rhythm and coordination. It is rather noisy too! Hippety-Hop is hip-hop jazz designed for younger students with isolated movements, twisting and bouncing, focusing on strengthening upper body in a FUN way! It can be very saucy!

CLASS ATTIRE: Solid color leotard or dance dress, bare legs, socks or pink tights (with or without feet), pink leather ballet slippers from a dance supply store. For TAP, white or tan tap shoes, for JAZZ students will wear their ballet shoes.

PLEASE: NO BLACK SHOES and no skirts below the knees for class. ****NOTE:** fancy 'dance costumes' may be worn the last week of each month!

RECITAL INFO: Our littlest students will have the opportunity to perform in our end of year Spring Recital. It's held separately on a Sat or Sun in late May or early June. Each 40 min recital combines two L1-2 classes together to make a recital group and is held at SDA Studios in the BLUE dance room. Family is welcome to attend and there are **NO RECITAL OR TICKET FEES, EVER!** Complete Spring Recital Costume info will be available at the end of Nov, 2018 and our L1-2 students **ALWAYS** get to pick their own costume! Spring Recital 2019: Snazzy Dance Classics!

ALL CLASSES SUBJECT TO CHANGE DUE TO ENROLLMENT AND TEACHER AVAILABILITY

Please call to confirm space available in class prior to enrolling, 5 students minimum to hold a class.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CD-Creative Dance	CD-Tap 2 9:45-10:45			CD-HHop 1&2 10-11	CD-Tap 1&2 9:15-10:15
	CD-Tap 1 10:45-11:45				
					Level 1 age guidelines 2.5-4.5
CD-1 4:45-5:30				CD-Tap 1&2 4:30-5:30	Level 1&2 age guidelines 3.5-5.5
CD-HHop 1&2 5:30-6:30	CD-Tap 2 5-6	CD-Tap 2 5:45-6:45	CD-HHop 2 5:15-6:15		Level 2 age guidelines 4-6

QUESTIONS? Call us: 513-779-0135 Email us: staff@sda-studios.com www.sda-studios.com